Do you agree?

Remember What Is Most Important

It's not having everything go right,

It's facing whatever goes wrong.

It's not being without fear;

It's having the determination to go in spite of it.

It's not about where you stand,

But the direction you're going in.

It's more than never having bad moments;

It's knowing you are always bigger than the moment.

It's believing you have already been given everything you need to handle life.

It's not being able to rid the world of all its injustices;

It's being able to rise above them.

It's the belief in your heart that there will always be more good than bad in the world.

Remember to live just this one day

And not add tomorrow's troubles to today's load.

Remember that every day ends

And brings a new tomorrow full of exciting new things.

Love what you do, do what you can,

And always remember how much you are loved.

-Vickie M. Worsham

Epictetus, a Greek philosopher, said:

"Men are disturbed not by things that happen" Epictetus (55-135)

This all comes back to us as a person. What we believe about ourselves will determine what our lives will be. If we are positive, we all have the ability to meet the challenges that come to us. If we are negative our lives will be full of problems and turmoil. What we make of our lives is up to us. We have a choice. Let's make the right choice.

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