

Do you agree?

I read a book the other day and the first page stated the material in this book has been collected over a long period of time. Many of the original sources are unknown to the compiler. The compiler wishes to acknowledge the original authors, whoever they may be, but has confidence that they would urge, with her, "Do not inquire as to who said this, but pay attention to what it said." I felt that at this time of year I would take the same diligence and add some of my own words as the statements made are positive and uplifting.

It is said that a friend is a present you give yourself. I have found that as I have aged, having friends has become more important to me. Friends do not judge you or put you down. They are truly someone you can share your burdens with and they will understand. Friends are made by many acts – and lost by only one. Friendship is the greatest gift we can give each other. It is easy to be pleasant when life flows like a song but the person worthwhile is one who will smile when everything goes dead wrong.

For the test of the heart is trouble and it comes with the years. The smile that is worth the praise of earth is the smile that shines through tears. It had been said that keeping your enthusiasm and forgetting your birthdays is the formula for youth. It has been said I do not feel any age because there is no age to spirit.

There is a little song that says:

*Laugh a little – sing a little
As you go your way!
Work a little – play a little
Do this every day!*

*Give a little – play a little
Never mind a frown.
Make your smile a welcome thing
All around the town!
Laugh a little – sing a little
Skies are always blue!
Every cloud has silver linings,
But it's up to you!*

Tom Cochrane sings a song and the key words are "Life is a highway, we all have to ride it". I heard someone else say that life is a gravel road filled with bumps and problems. I believe all these things to be true. I hope that as we ride the highway of life perhaps some of the thoughts in this article can help in making the highway of life a little smoother.

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