

## **Yeah But...**

Fear less, hope more;  
Eat less, chew more;  
Whine less, breathe more;  
Talk less, say more;  
Hate less, love more;  
And all good things are yours  
-Anonymous

We need to do less whining, fear less, talk less, hate less. We need to hope more, breathe more, say more. Life is tough if we live it in a negative way; if all we concern ourselves with is the things of life that drag us down. Put yourself in a positive frame of mind. Good things will happen like the old song says, "Live, love and be happy".

The 'Yeah But...' to this is when clouds move into our lives, chase them into sunshine.

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