

## Do You Agree?

I have been reading a book by Wayne Dyer called *Power of Intention*. In it he talks about 'intention' and what it means to us. We have all heard or had said to us, what are your intentions or I wonder what his or her intentions are. As I read this book the word 'intentions' became very clear to me and took on a new meaning. What our intentions are become our beliefs and thusly tend to make us become what our intentions are.

"Make giving a way of life. It is, after all, what Source and nature do eternally. I've heard it said about nature that trees bend low with ripened fruit; clouds hang down with gentle rain; noble men bow graciously."

We need to make giving a way of life. We need to give what we can. It does not have to be great things. It can be a gentle smile, an honest hello, a friendly hand shake or a sincere "I love you".

Wayne said, "The biggest thing to give your enemy is forgiveness; to an opponent, tolerance; to a friend, your heart; to your child, a good example; to your father, deference; to your mother, conduct that will make her proud of you; to yourself, respect; to all men, charity."

We need to ask ourselves, "What kind of intentions are driving our lives?" If we are intent on being happy, we need to ensure our intentions match that feeling.

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